

# VERONICA M. LAMARCHE

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## PROFESSIONAL EXPERIENCE

2020-present Senior Lecturer (Associate Professor), Department of Psychology, University of Essex  
2017-2020 Lecturer (Assistant Professor), Department of Psychology, University of Essex  
2020 External Examiner, MSc Psychology of Social Relations, Goldsmiths University of London  
2020 Tutor, European Association of Social Psychology Summer School, University of Surrey

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## EDUCATION

2017 Ph.D. Social-Personality Psychology, University at Buffalo, SUNY (Mentor: Sandra Murray)  
2015 SPSP Summer Institute in Social & Personality Psychology  
2015 M.A. Psychology, University at Buffalo, SUNY (Mentor: Sandra Murray)  
2010 B.A. (Honours) Psychology & Business, University of Waterloo (Mentor: Grainne Fitzsimmons)

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## AWARDS, RECOGNITIONS & GRANTS

### AWARDS & RECOGNITIONS

2021 Excellent Educator, Excellence in Education Awards, University of Essex  
2020 Early Career Researcher Award (*Runner-Up*), Faculty of Science & Health, University of Essex  
2017 Excellence in Teaching Award, Graduate School, University at Buffalo  
2017 Dissertation Award (*Runner-Up*), Department of Psychology, University at Buffalo  
2016 Student Travel Award, International Association for Relationship Research  
2015 Travel Award, Society for Personality and Social Psychology  
2014 Rice Award for Early Excellence in Research, Dept. of Psychology, University at Buffalo

### RESEARCH GRANTS - EXTERNAL

2021-2023 British Academy Small Research Grants, *An Investigation into the Associations Between Masculinity Threats and Intimate Partner Violence Among Straight and Gay Men* (PI), **£9,351**  
2021-2023 UCLA Marriage Lab Expanding the Frontiers of Relationship Science Scheme, *Relationships and Social Structures: Testing the Long-term Consequences of the Social Safety System among Couples from High and Low-Income Households* (PI), **\$142,734USD / £92,777**  
2020-2021 NSF Rapid Response Grant, *RAPID: Mobilizing Close Relationships to Combat the COVID-19 Pandemic* (External Collaborator, with PI Sandra Murray), **\$117,890 USD**  
2019-2023 ESRC Supervisor Led Collaborative PhD Studentship, *Enhancing outcomes in chronic illness through promotion of effective self-regulation* (Co-I, with PI Sheina Orbell), **£86,212**

**RESEARCH GRANTS - INTERNAL**

- 2021 University of Essex Decolonising the Curriculum Fund, *Decolonising Teaching in Psychology: Using the Student Voice to Identify Opportunities for Growth* (PI), **£500**
- 2020-2021 University of Essex ESRC Impact Acceleration Account Challenge Lab, *Family resilience at the frontlines of COVID-19* (PI, with Co-PI Rebecca Clift and in collaboration with Family Action), **£9,550**
- 2019 University of Essex Department of Psychology Research Promotion Fund, *Addressing methodological issues in PTG research through relationship science* (PI), **£1,200**
- 2019 University of Essex Department of Psychology Research Promotion Fund, *Self-distancing and acknowledging sexual assault* (PI), **£2,384**
- 2018 University of Essex ESRC Impact Acceleration Account, *The impact of befriending programs on the health and well-being of socially isolated older adults* (PI, with Co-PI Vanessa Loaiza), **£1,094**
- 2018 University of Essex Faculty of Humanities Executive Dean Fund, *Casual sex and unacknowledged sexual assault* (Co-I, with PI Laurie James-Hawkins), **£4,582**
- 2018-2019 University of Essex Department of Psychology Research Promotion Fund, *A dyadic study of the influence of partner self-control on actor helping intentions* (PI), **£1,192**
- 2016-2017 University at Buffalo Mark Diamond Research Fund, Dissertation Research Grant, *The influence of biological drives on relationship regulation* (PI), **\$2,400 USD**

**FELLOWSHIPS**

- 2019-present Fellow, Higher Education Academy
- 2011-2015 Presidential Fellowship, University at Buffalo, **\$24,000 USD**

**PUBLICATIONS**

\* Supervised undergraduate student.

† Supervised postgraduate student.

° Shared-authorship, listed alphabetically.

**PEER-REVIEWED PUBLICATIONS**

**Lamarche, V.M.** (in press). Interdependent transformations: Integrating insights from relationship science to advance post-traumatic growth and personality change research. *European Journal of Personality*. doi: 10.1177/08902070211022119

Alexopoulos, C., Timmermans, E., Sharabi, L.L., Roaché, D.J., Croft, A., Dorrance Hall, E.°, James-Hawkins, L.°, **Lamarche, V.M.**°, & Uhlich, M.°. (2021). Settling down without settling: Perceived changes in partner preferences in response to COVID-19 concern. *Journal of Social and Personal Relationships*, 38, 1901-1919. doi: 10.1177/02654075211011527

**Lamarche, V.M.**, Atkinson, C., & Croft, A. (2021). A cognitive uncoupling: Shifting relationship interdependence following a masculinity threat. *Social Psychology & Personality Science*, 12, 920-929. doi: 10.1177/1948550620961263

- Murray, S.L., Seery, M.D., **Lamarche, V.M.**, Jung, H.Y., Saltsman, T.L., Griffin, D.W., Dubois, D., Xia, J., Ward, D.E., McNulty, J. (2021). Looking for safety in all the right places: When threatening political reality strengthens family relationship bonds. *Social Psychological and Personality Science*, *12*, 1193-1202. doi: 10.1177/19485506211018351
- Murray, S.L., **Lamarche, V.M.**, Seery, M.D., Jung, H.Y., Griffin, D.W. & Brinkman, C. (2021). The social-safety system: Fortifying relationships in the face of the unforeseeable. *Journal of Personality and Social Psychology*, *120*, 99-130. doi: 10.1037/pspi0000245
- Saltsman, T.L., Seery, M.D., Ward, D.E., **Lamarche, V.M.**, & Kondrak, C.L. (2021). Is satisficing really satisfying? Satisficers exhibit greater threat than maximizers during choice overload. *Psychophysiology*.
- Lamarche, V.M.** (2020). Socially connected and COVID-19 prepared: The effect of sociorelational satisfaction on perceived importance of COVID-19 precautions and governmental responses. *Social Psychological Bulletin*, *15*. doi: 10.32872/spb.4409
- Lamarche, V.M.**, & James-Hawkins, L. (2020). It happened to a friend of mine: The influence of perspective-taking on the acknowledgement of sexual assault following ambiguous sexual encounters. *Journal of Interpersonal Violence*. doi: 10.1177/0886260520957678
- Lamarche, V.M.**, Seery, M.D., Kondrak, C.L., Saltsman, T.L., & Streamer, L. (2020) Clever girl: Benevolent sexism and cardiovascular threat. *Biological Psychology*, *149*. doi: 10.1016/j.biopsycho.2019.107781
- Saltsman, T.L., Seery, M.D., Ward, D.E., Radvick, T., Panlilio, Z., **Lamarche, V.M.**, & Kondrak, C.L. (2020). Facing the facets: No association between dispositional mindfulness facets and positive momentary stress responses during active stressors. *Personality and Social Psychology Bulletin*, *47*, 1057-1070. doi: 10.1177/0146167220956898
- Lamarche, V.M.**, & Seery, M.D. (2019). Come on, give it to me baby: Self-esteem, narcissism, and endorsing sexual coercion following social rejection. *Personality and Individual Differences*, *149*, 315-325. doi: 10.1016/j.paid.2019.05.060
- Le, P.Q., Saltsman, T.L., Seery, M.D., Ward, D.E., Kondrak, C.L., **Lamarche, V.M.** (2019). When a smaller self means bigger obstacles: Spontaneous self-distancing predicts divergent outcomes of awe during a subsequent performance stressor. *Journal of Experimental Social Psychology*, *80*, 59-66. doi: 10.1016/j.jesp.2018.07.010
- Murray, S.L., Seery, M.D., **Lamarche, V.M.**, Kondrak, C.L., & Gomillion, S. (2019). Implicitly imprinting the past on the present: Automatic partner attitudes and the transition to parenthood. *Journal of Personality and Social Psychology*, *116*, 69-100. doi: 10.1037/pspi0000143
- Saltsman, T., Seery, M. D., Kondrak, C. L., **Lamarche, V. M.**, & Streamer, L. (2019) Too many fish in the sea: Choice overload results in concurrent threat. *Biological Psychology*, *145*, 17-30. doi: 10.1016/j.biopsycho.2019.03.010
- Murray, S.L., **Lamarche, V.M.**, & Seery, M.D. (2018). Shared reality and close relationships. *Current Opinion in Psychology*, *23*, 34-37. doi: 10.1016/j.copsyc.2017.11.008
- Murray, S.L., **Lamarche, V.M.**, Gomillion, S., Seery, M.D., & Kondrak, C.L. (2017). In defense of commitment: The curative power of violated expectations in relationships. *Journal of Personality and Social Psychology*, *113*, 697-729. doi: 10.1037/pspi0000102

- Streamer, L., Kondrak, C.L., **Lamarche, V.M.**, Saltsman, T.L., & Seery, M.D. (2017). Not I, but she: The beneficial effects of self-distancing on challenge/threat responses. *Journal of Experimental Social Psychology*, 70, 235-241. doi: 10.1016/j.jesp.2016.11.008
- Seery, M.D., Kondrak, C.L., Streamer, L., Saltsman, T., & **Lamarche, V.M.** (2016). Preejection period can be calculated using R peak instead of Q. *Psychophysiology*, 53, 1232-1240. doi: 10.1111/psyp.12657
- Gomillion, S., Murray, S.L., & **Lamarche, V.M.** (2015). Losing the wind beneath your wings: The prospective influence of romantic breakup on goal progress. *Social Psychology and Personality Science*, 5, 513-520. doi: 10.1177/1948550614568160
- Gomillion, S., **Lamarche, V.M.**, Murray, S.L., & Harris, B. (2014). Protected by your self-control: The influence of partners' self-control on actors' responses to interpersonal risk. *Social Psychology and Personality Science*, 5, 873-882. doi: 10.1177/1948550614538462
- Lamarche, V.M.**, & Murray, S.L. (2014). Selectively myopic? Self-esteem and attentional bias in response to potential relationship threats. *Social Psychology and Personality Science*, 5, 786-795. doi: 10.1177/1948550614532377
- Murray, S.L., Gomillion, S., Holmes, J.G., Harris, B., & **Lamarche, V.** (2013). The dynamics of relationship promotion: Controlling the automatic inclination to trust. *Journal of Personality and Social Psychology*, 104, 305-334. doi: 10.1037/a0030513

## CONFERENCES & PROFESSIONAL PRESENTATIONS

### INVITED ADDRESSES

- Lamarche, V.M.** (2021, November). Masculinity & Relationships: A Clash of Two Social Identities? Talk to be presented at Hamilton College Department of Psychology Seminar Series.
- Lamarche, V.M.** (2021, December). Self-Esteem, Narcissism, and Endorsing Sexual Coercion Following Social Rejection. Talk to be presented at the Centre for Intimate and Sexual Citizenship's Seminar Series.
- Lamarche, V.M.** (2021, February). Masculinity & Relationships: A Clash of Two Social Identities? Talk presented at Cardiff University Department of Psychology Seminar Series.
- Lamarche, V.M.** (2020, December). The Role of Perceived Self-control in Guiding Helping Intentions in Close Relationship. Talk presented at the University of Toronto Relationship Interest Group Seminar Series.
- Lamarche, V.M.** (2020, September). Navigating an International Job Market. Talk presented at the University at Buffalo's Psychology Seminar Series.
- Lamarche, V.M.** (2019, November). The Role of Perceived Self-control in Guiding Helping Intentions in Close Relationships. Talk presented at the University of Surrey's Psychology Seminar Series.
- Lamarche, V.M.** (2019, September). The Role of Close Relationships in Post-Traumatic Growth. Talk presented at the European Association of Personality Research Expert Meeting on Integrating Post-Traumatic Growth and Personality Change. University of Nottingham.

**Lamarche, V.M.** (2019, February). Relationships as a Source of Safety in an Unsafe World. Talk presented at the Centre for Intimate and Sexual Citizenship's Seminar Series.

**Lamarche, V.M.** (2018, October). Where There's Smoke, There's Fire: Existential Vulnerability and Relationship Safety. Talk presented at the University of Arizona's Psychology Seminar Series.

**Lamarche, V.M.** (2017, October). Linking Physical Vulnerability and Relationship Regulation. Talk presented at the University of Essex's Psychology Seminar Series.

### SYMPOSIUM TALKS

**Lamarche, V.M.** & James-Hawkins, L. (2021, September). Yes means No, and No means Yes: Incongruous definitions of consent among young adults in the United Kingdom. Paper presented at the Centre for Intimate and Sexual Citizenship Symposium on Consent, Colchester, Essex, UK.

**Lamarche, V.M.** (2021, July). The Role of Perceived Self-control in Guiding Helping Intentions in Close Relationships. Paper to be presented at the meeting of the International Association for Relationship, (virtually rescheduled 2020 meeting).

**Lamarche, V.M.** & Rolison, J.J. (2019, July). Hand-in-Hand in the Golden Years: Partner Instrumentality, Goal Alignment and the Influence of Romantic Relationships on Retirement Expectations and Experiences. Paper to be presented at *Relationship Science in Applied Settings* International Association for Relationship Mini-Conference 2019, Brighton, Sussex, UK.

**Lamarche, V.M.** (2019, June). I'm Happy to Help: The Role of Perceived Self-control in Guiding Helping Intentions in Close Relationships. Paper presented at *Positive Action in Relationships* International Association for Relationship Mini-Conference 2019, Ottawa, Ontario, Canada.

**Lamarche, V.M.**, & Seery, M.D. (2019, June). Come on, give it to me baby: Self-esteem, narcissism and endorsing sexual coercion following social rejection. Paper presented at *What Now? The Future of Gender Relations after #MeToo* Mini-Conference hosted by The University of Kent Department of Psychology, Canterbury, Kent, UK.

**Lamarche, V.M.** & James-Hawkins, L. (2019, June). Sexual Assault and Definitions of Consent in the Era of #MeToo. Paper presented at *What Now? The Future of Gender Relations after #MeToo* Mini-Conference hosted by The University of Kent Department of Psychology, Canterbury, Kent, UK.

**Lamarche, V.M.**, Seery, M.D., & Murray, S.L. (2018, July). Let's get physical: Testing the physical vulnerability and relationship regulation model. Paper presented at the meeting of the International Association for Relationship Research, Fort Collins, Colorado, USA.

**Lamarche, V.M.**, Seery, M.D., Kondrak, C.L., Saltsman, T., & Streamer, L. (2017, April). Smart girls, stressed hearts: Benevolent sexism and cardiovascular threat. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois, USA.

**Lamarche, V.M.**, Kondrak, C.L., Streamer, L., Saltsman, T.L., & Seery, M.D. (2016, May). Do Physical Threats Trigger Relationship Risk Regulation? Paper presented at the annual meeting of the Midwestern Psychological Association (MPA), Chicago, Illinois, USA.

**Lamarche, V.M.**, Gomillion, S., & Murray, S.L. (2015, June). The Prospective Influence of Romantic Breakup on Goal Progress. Paper presented at the International Association for Relationship Research Mini-Conference 2015, New Brunswick, New Jersey, USA.

**Lamarche, V.M.,** Kondrak, C.L., Streamer, L., Saltsman, T.L., & Seery, M.D. (2015, May). The Effect of Conflict Frequency and Self-esteem on Relationship Resilience. Paper presented at the annual meeting of the Midwestern Psychological Association (MPA), Chicago, Illinois, USA.

**Lamarche, V.M.,** & Murray, S.L. (2015, February). Attention and Motivated Cognition in Romantic Relationships. Data Blitz presented at the Close Relationships Preconference at the annual meeting of the Society for Personality and Social Psychology (SPSP), Long Beach, California, USA.

**Lamarche, V.M.,** & Murray, S.L. (2014, May). Selectively Myopic? Self-esteem and attentional bias in response to potential relationship threats. Paper presented at the annual meeting of Social Psychologists Around Western New York (SPAWN), Rochester, New York, USA.

**Lamarche, V.M.,** & Murray, S.L. (2014, May). Self-esteem and attentional bias in response to potential relationship threats. Paper presented at the annual meeting of the Midwestern Psychological Association (MPA), Chicago, Illinois, USA.

### POSTERS

**Lamarche, V.M.,** Atkinson, C., Croft, A. (2020, June). “I’m Not a Relationship Guy”: Masculinity Threats & the Devaluation of Relationship Interdependence. Poster to presented at the meeting of the European Association of Social Psychology, Krakow, Poland. (cancelled due to COVID-19)

**Lamarche, V.M.,** Kondrak, C.L., Streamer, L., Saltsman, T.L., & Seery, M.D. (2017, January). Do Physical Threats Trigger Relationship Risk Regulation? Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, USA.

**Lamarche, V.M.,** Kondrak, C.L., Streamer, L., Saltsman, T.L., & Seery, M.D. (2016, July). Do Physical Threats Trigger Relationship Risk Regulation? Poster presented at the 2016 meeting of the International Association for Relationship Research, Toronto, Ontario, Canada.

**Lamarche, V.M.,** Kondrak, C.L., Streamer, L., Saltsman, T.L., & Seery, M.D. (2016, January). The Effect of Conflict Frequency and Self-esteem on Relationship Resilience. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, California, USA.

**Lamarche, V.M.,** Kondrak, C.L., Streamer, L., Saltsman, T.L., & Seery, M.D. (2015, June). The Effect of Conflict Frequency and Self-esteem on Relationship Resilience. Poster presented at the 2015 International Association for Relationship Research Mini-Conference, New Brunswick, New Jersey, USA.

**Lamarche, V.M.,** & Murray, S.L. (2015, February). Love is so short, forgetting is so long: Self-esteem and changes in positive illusions following relationship dissolution. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, California, USA.

**Lamarche, V.M.,** & Murray, S.L. (2014, June). Negative emotion and relationship regulation. Poster presented at the annual Psychology Graduate Student Association Behavior and Brain Sciences Symposium, University at Buffalo – SUNY, Buffalo, New York, USA.

**Lamarche, V.M.,** & Murray, S.L. (2014, February). Negative emotion and relationship regulation. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas, USA.

**Lamarche, V.M., & Murray, S.L.** (2013, May). Here's (to not) looking at you kid: Directed attention and relationship regulation. Poster presented at the annual Behavior and Brain Sciences Symposium, University at Buffalo – SUNY, Buffalo, New York, USA.

**Lamarche, V.M., & Murray, S.L.** (2013, January). Here's (to not) looking at you kid: Directed attention and relationship regulation. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, Louisiana, USA.

### PROFESSIONAL DEVELOPMENT SESSIONS & PANELS

- 2022 Professional Development Session, “Giving a Great Talk: How to Wow Your Audience in Any Setting”, Meeting of the Society for Personality and Social Psychology, San Francisco, California, USA. Panelists: Rattan, A., Jayawickreme, E., Finkel, E., & Wheatly, T. Chair: **V.M. Lamarche**.
- 2020 Professional Development Session, “The Promise & Pitfalls of Being a Nomadic Academic”, Meeting of the Society for Personality and Social Psychology, New Orleans, Louisiana, USA. Panelists: Everett, J.C., **Lamarche, V.M.**, Conway, P., & Tan, K. Chair: J.C. Everett.
- 2018 Panelist, “Women in Social and Personality Psychology”, #SPSPChat, Society for Personality and Social Psychology, <https://wakelet.com/wake/bc475164-072d-400f-a591-139595dd3ddb>
- 2016 Panelist, “Considering Grad School?”, Undergraduate Psychology Association, University at Buffalo
- 2016 Panelist, “Teaching in Graduate School”, Graduate Teaching Seminar, Department of Psychology, University at Buffalo
- 2015 Invited Speaker, “Going to Grad School”. Talk given to Hilbert College Undergraduate Psychology Club.
- 2012,2014-2015 Panelist, “Going to Grad School”, Honors Student Seminar; Department of Psychology, University at Buffalo

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## KNOWLEDGE EXCHANGE & PUBLIC ENGAGEMENT

### EXPERT COMMENTARY

- 2017-Present I have provided expert commentary and interviews for print, radio and television outlets including the Globe and Mail, the Guardian, Euro Sky News, BBC Essex Radio, BBC Look East, Glamour, Cosmopolitan, Business Insider, and Southern Weekend in China.

### BLOG

- 2021-Present I write a new relationship blog, “Love & Chaos: Finding trust and connection in our partnerships in times of uncertainty”, on Psychology Today  
Access here: <https://www.psychologytoday.com/gb/blog/love-chaos>

**INVITED TALKS**

- 2021 “Love in the Time of COVID: Relationships as a Resource in Challenging Times.”  
Invited talk and panel discussion for BabyBrains Conference (May, 2021).
- “Relationships and COVID: Implications for Women’s Health, Careers, and Well-being”.  
Invited talk and panel discussion on women’s issues for International Women’s Day 2021  
at the Athena Swan Psychology Postgraduate Student Events (Mar, 2021).
- 2020 “The Psychology of Trust in Relationships”. Invited talk presented at DSMNTL IDEAS  
Webinar Series (Oct, 2020).
- “Love in Lockdown: Maintaining Relationships Through a Global Pandemic”. University  
of Essex Psychology Podcast (Jul, 2020).  
**Listen here:** <https://anchor.fm/essexpsych/episodes/Love-In-Lockdown-Maintaining-Relationships-Through-A-Global-Pandemic-cgf61k>
- “Love in the Time of COVID: The Importance of Our Relationships in Uncertain  
Times”. Invited talk presented at the Essex Explores Public Lecture Series (May, 2020).  
**Watch here:** [https://essex-university.zoom.us/rec/play/upAqfu2gr203GIDEuQSDAPRkW9S0e6us1nAX8\\_JfnUvjUXMKYVbzMrsXZLeXyowo4dezlrQW0hpHA6TA](https://essex-university.zoom.us/rec/play/upAqfu2gr203GIDEuQSDAPRkW9S0e6us1nAX8_JfnUvjUXMKYVbzMrsXZLeXyowo4dezlrQW0hpHA6TA)
- “Love in the Time of COVID: How to nurture your romantic relationship in the midst of  
it all.” Invited talk presented at BabyBrains WOW Live Series (May, 2020).
- “Finding Meaning, Value & Security in our Relationships in Uncertain Times”. Invited  
talk to be presented at Pint of Science Speaker Series (*Postponed due to COVID-19*).
- “The Art of Relationships (and Breakups): Dismantled”. Invited talk presented at  
DSMNTL IDEAS Speaker Series (Mar, 2020).
- 2018 “Relationships in Turbulent Times”. Invited talk presented at Café Scientifique  
Colchester Speaker Series (Dec, 2020).

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**TEACHING EXPERIENCE**

† Courses/modules with team teaching.

◆ Course/module coordinator.

**INSTRUCTOR OF RECORD, UNIVERSITY OF ESSEX (2017-present)**

Undergraduate:

- PS511 - Understanding Romantic Relationships ◆
- PS116 - Preparing for University Psychology (*seminars only*) †
- PS117/417/492 - Employability Modules in Psychology (*seminars only*) †
- PS118 - Applied Psychology †
- PS300 - Undergraduate Thesis Supervision

Postgraduate/MSc:

- PS933 - Special Topics in Social Psychology †
- PS944 - Research Experience Supervision
- PS900/934 - Masters Thesis Supervision ◆



**INSTRUCTOR OF RECORD, UNIVERSITY AT BUFFALO, SUNY (2015-2017)**

Undergraduate:

PSY411 - Self &amp; Self-Esteem ♦†

PSY101 - Introduction to Psychology ♦

**WORKSHOPS**

2020 Close Relationships, European Association of Social Psychology Summer School

2019-2020 Introduction to STATA, Proficio, University of Essex  
(2020 cancelled due to COVID-19)**OTHER TEACHING EXPERIENCE**2015-2017 Teaching Associate, Women's Wellness Program, Simulation-Based Learning Centre,  
McMaster University, Hamilton Ontario, Canada2015-2017 Teaching Associate, Standardized Patient Program, Simulation-Based Learning Centre,  
McMaster University, Hamilton Ontario, Canada2014-2015 Teaching Associate, Standardized Patient Program, Niagara College, Welland  
Ontario, Canada

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**UNDERGRADUATE MENTORSHIP & SUPERVISION**

I have supervised over 150 undergraduate and MSc students through research experience schemes in the Interpersonal Processes Lab (2011-2017) and the Social Psychophysiology Lab (2013-2017) at the University at Buffalo, and the Relationship Science Lab at the University of Essex (2017-present).

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**ADMINISTRATIVE ROLES & SERVICE TO THE FIELD****ADMINISTRATIVE ROLES – DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF ESSEX**

2021-present Director of Postgraduate Taught Programmes (MSc Program Director)

2020-present Diversity &amp; Inclusion Working Group co-Chair

2018-2021 Kaplan Singapore Academic Link Tutor

2020-2021 Kaplan University of Essex Online Academic Link Tutor

2019-2020 Qualtrics Officer

2018-2019 Workload Committee Member

2017-2020 SONA Coordinator

2017-2020 Student Recruitment Committee Member

**SERVICE TO THE FIELD**

2021 – present Advisory Editorial Board, Journal of Social and Personal Relationships

2021 – present Elected Member at Large, SPSP Early Career Committee

2017 Mentor; Student Mentorship Program; Association for Psychological Science

**ADMINISTRATIVE ROLES – DEPARTMENT OF PSYCHOLOGY, UNIVERSITY AT BUFFALO**

2014-2016	Organizer & Program Coordinator; Annual Behavior & Brain Sciences Symposium; Psychology Graduate Student Association
2014-2015	Faculty Senate Representative; Dept. of Psychology
2013-2015	Grievance Committee Representative; Dept. of Psychology
2013-2014	Senator; Psychology Graduate Student Association
2013-2014	Brown Bag Coordinator; Social Psychology Area
2013	Student Admissions Representative; Social Psychology Area
2012	Student Ambassador; McNair Scholar Diversity Day

**ADHOC REVIEWER****JOURNALS**

Anxiety, Stress & Coping; Biological Psychology; British Journal of Social Psychology; Current Psychology; European Journal of Personality; European Journal of Social Psychology; European Review of Social Psychology; Journal of Family Psychology; Journal of Social and Clinical Psychology; Journal of Social and Personal Relationships; Personality and Social Psychology Bulletin; Self & Identity; Social Psychological & Personality Science; Violence Against Women

**GRANTS & AWARDS**

2015	Student Research Award; Association for Psychological Science
2014-2016	Student Research Grant Competition (Spring, Summer & Fall competitions); Mark Diamond Research Fund; Graduate Student Association, University at Buffalo
2014-2015	Student Research Grant Competition; Association for Psychological Science
2013	Outstanding Research Awards; Graduate Student Council, SPSP

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**PROFESSIONAL AFFILIATIONS**

2011-present	Member at Large, International Association for Relationship Research
2012-present	Member at Large, Society for Personality and Social Psychology
2014-2018	Member at Large, Association for Psychological Science
2013-2017	Member at Large, Midwestern Psychological Association

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**SOFTWARE SKILLS****STATISTICAL PACKAGES**

SPSS  
STATA  
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**PROGRAMMING LANGUAGES**

JavaScript

**RESEARCH SOFTWARE**

Inquisit  
MediaLab  
Qualtrics  
SurveyMonkey  
Acknowledge

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